

WOMBAT POO SLICE

15 Servings

15 Minutes

INGREDIENTS

2 1/2 cups oats (gluten-free)

1/4 cup maple syrup

1 cup dates

1/4 cup tahini

1/4 cup cocoa powder

pinch of salt



METHOD

1. Add oats to a food processor and process until fine (alternatively, you can use 2 cups of oat flour if you do not have a food processor).
2. Soak dates for 5 minutes in hot water to soften, then drain.
3. Add all other ingredients and process until rough dough forms.
4. Form into cubes and place in the freezer until needed.
5. Remove from the freezer for 10 minutes to soften. Enjoy.

NOTES

This recipe is nut-free, gluten-free and vegan friendly.

You can form dough into other shapes to make different types of marsupial poos.

If you are not using a food processor, use 2 cups of oat flour and finely chop the soft dates before mixing.